

## A full line of equipment by SCIFIT is available.

For more information, please contact Pro Star Sports at 1-800-821-8482

Website: [www.prostarsports.com](http://www.prostarsports.com) E-mail: [info@prostarsports.com](mailto:info@prostarsports.com)



**RST7000**  
with optional swivel seat

*SCIFIT introduces the RST7000 Total Body Recumbent Stepper. We have taken our unique idea of “walk up, sit down, and get a great workout” to the next level. The large, comfortable seat makes getting on and off the RST7000 a breeze. One touch start and contact heart rate make exercising and monitoring your workout easy. SCIFIT's unique isokinetic resistance program, ISO-Strength, allows you to get a great cardio and strength workout in one machine.*



**RST7000**

### **RST7000 Features**

- Versatile and easy to use: All Body (RST7000 only), Upper Body Only (RST7000 only) or Lower Body Only.
  - Walk through access allows easy and safe entry for all users.
  - Contact heart rate on handles. Also compatible with wireless heart rate technology.
  - 200 levels of computer controlled resistance adjustable in .1 increments.
  - Self-generating with no need to plug in!
  - Easy to use computer with QuickStart manual use program.
  - Feedback from monitor includes: Calories, Mets, Watts , Distance & Speed.
  - Resistance system – 3 phase combination generator and eddy current brake with resistance output of 5 to 2000 watts.
  - No minimum rpm.
  - Dependent step motion with self-leveling footplates.
  - Soft, oversized rubber footplates with safety edge.
  - **ISO-kinetic mode** for interval and strength training.
  - Constant Work program with wattage as a baseline.
  - Comfortable seat is removable for wheelchair access ( ADA compliant, 50% tax credit may be available).
- Fit-Key™ ready! Optional software program makes custom programming and workout documentation easy.
  - 3 years parts / 1 year labor limited warranty.
  - Also available: RS7000 Recumbent Stepper (lower body only).



**The RST7000 is perfect in therapy settings.**

***Programs:***

- Manual - One button Quick Start
- **ISO-Strength** - Allows user to maximize workload at a fixed RPM - a key ingredient for sports training. Ideal for therapy settings as well, where fixed RPMs are desirable
- Random - Infinite number of program profiles
- **Hill Profiles** - 6 profile programs with over 20 levels of intensity

**For specifications, see next page.**



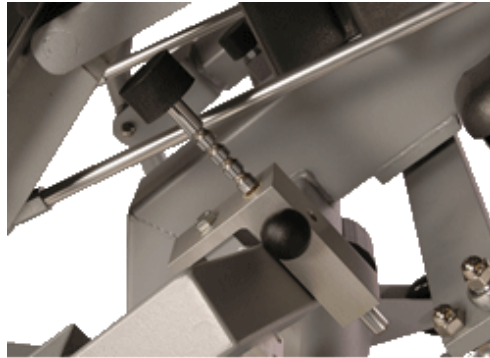
**The RST7000 is wheel chair accessible and ADA compliant.**



**The RS7000 and RST7000 feature an easily removable seat.**

### **SPECIFICATIONS...**

<b>Model:</b>	RS7000 & RST7000
<b>Size:</b>	58" H x 74" L x 30" W
<b>Weight:</b>	RS7000 277 lbs. / RST7000 307 lbs.
<b>Max User Weight:</b>	450 lbs.
<b>Power:</b>	Self-generating with battery backup and optional 12V wall pack transforme
<b>Color:</b>	Silver frame with metallic gray covers



**Optional Range Limiter**

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